

Ruth B Z Thomson  
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November 18<sup>th</sup> 2013

Canadian Group Psychotherapy Foundation  
Training Awards Review Committee

Re: CGPF 2013 Jackman Scholarship

Dear Committee;

I felt honoured to received one of the 2013 Jackman Scholarships to support my attending the 2013 American Group Psychotherapy Conference.

It is always my intention to have an on-going path of learning. Receiving the award facilitated my attending this wonderful learning opportunity. Some of the highlights were the opportunity to have an Institute with Dr. Justin Hecht with a Jungian method of intervention and to connect with Roberta Jellinek who has adapted Systems Centered Therapy and uses humour with an older group population similar to my private practise.

I have incorporated elements of my learning into my practise and feel professionally enhanced by the learning opportunity I received due to this award.

Sincerely with thanks,

*Ruth*

Ruth B Z Thomson MSW RSW